Figure 10.5.2. Freedom of choice



Freedom of choice requires implicitly that there should be a number of alternatives and that their outcome is not completely predictable. This is the only situation in which creative expression is possible. Totally unpredictable existence, or one in which every action is the result of free choice would, however, engender panic or anomie; therefore a certain stability of basic parameters is desirable. Freedom without stress is thus most effectively exercised in a limited stimulus field.